STAND UP AND SPEAK UP | SAVE THE PROOF

Evidence log.

Write it down while it is fresh. Bring this page to your school counselor or administrator. Do not write down or save sexual images of anyone under 18.



Student name (optional) *[Your name]*

School *[School name]*

Date and time	App or game	Their username	What happened	Where I saved proof	Reported to app?	Told school?

Tips: Take screenshots or a screen recording. Copy links. Save a copy somewhere other than the phone. Do not reply to the person. Blocking is fine, but save proof first.

If someone is in danger right now, call 911. If you or a friend is thinking about suicide, call or text 988.